

VIVARTÉ EISTEDDFOD

RULES AND DESCRIPTIONS

1. Participants will respect the time restrictions according to attached schedule.
2. Participants should arrive at least 10min before their scheduled time at the venue.
3. Performances should take place in appropriate drama clothes or school clothes.
4. When participating in groups, the group will be entered under the age/grade of the oldest participant in the group.
5. No fees are refundable if participant can no longer participate.
6. If the participant's scheduled time collides with another activity, the necessary arrangements with management must be arranged before time.
7. Changes will only be given for valid reasons, and it remains the coordinators decision whether another date will be granted.
8. If the participant does not perform on the scheduled day and does their item on another date, they will not be eligible for Item winner or Division winner.
9. Each participant will receive a certificate.
10. In each section and in each age group, an item winner is announced. The winner receives a medal/badge (provided the performance is above 85%)
11. The division winner in each age group receives a prestige award.
12. In each age group a VICTOR/VICTRIX ARTIUM will be awarded given they meet the requirements. This award is a trophy that the winner can keep. Here the participants total points scored in each section are combined. The participant with the highest total will be awarded the VICTOR/VICTRIX ARTIUM. The following requirements apply:
 - Participation in at least 5 sections (emphasis on versatility.)
 - Only marks above 85% will be counted.
13. An X-Factor award is also awarded to the person who has delivered an exceptional item. This is at the judge's discretion. This includes a cash prize.
14. With sufficient points, pupils could qualify for a culture merit badge at their school.
15. All items may not be longer than 2 minutes except Public Speaking and Redenaars.
16. Please arrive prepared and on time.

SECTIONS:

- Afrikaans Drama
- English Drama
- Redenaars
- Public Speaking
- Dance
- Vocals and Instrumental
- Creative Writing
- Art

ITEMS FOR WHICH YOU CAN ENTER:

PRESCRIBED POETRY

- Participants must be able to empathize with emotion and facial expressions.
- The poem must be presented as a personal experience.
- Avoid forced unnatural movements/gestures.
- Natural body language is acceptable up to and including grade 6, but not for older participants.
- Use pauses, phrasing, tempo changes and variations in pitch to make the presentation interesting.
- See prescribed poems.

OWN CHOICE POETRY

- Any poem chosen by the participant
- Ensure that the poem is age appropriate.
- The same rules for presentation apply as in prescribed poetry.

DRAMATIZED POETRY

- The written word is performed by motivated gestures and movements.

MONOLOGUE

- A part from a play, one-act play, film or adapted prose piece can be used.
- It is a soliloquy (solo performance) and the performer is the same character throughout.
- Depending on what type of monologue is used, the character can be addressing themselves, another character, or the audience.
- Monologues are performed in costume.

MIME – PREPARED

- Mime performance should (like a short drama) contain a theme with a character experiencing conflict.
- The conflict may be comical or tragic a dramatic representation by gestures.
- No dialogue may be used.
- You can't repeat the same piece in the Afrikaans section.
- Miming is not just acting without words, but to creatively depict space using the whole body to recreate the invisible and pull the viewer into the artist's imagination world.

MIME – UNPREPARED

- Same rules as Prepared Mime applies.
- Participant will receive their topic 5 minutes before their performance

DUOLOGUE

- A dramatized representation (comically or dramatically) by two persons.
- A portion of a play or an adaptation of a piece of prose can be used.

IMPROVISATION

- Improvised performance and dialogue.
- Performers create a show on the spot.

UNPREPARED READING

- This item is not only about reading fluency, but about the unprepared interpretation of a reading piece by emotion, speech and facial expression.
- 3 Pieces are prepared and brought with by the participant. The judge will choose one of the 3 on the day to be read.

PREPARED READING

- This item is not only about reading fluency, but about the prepared interpretation of a reading piece by emotion, speech and facial expression.
- Participants use their own reading material.
- A reading piece is prepared at home and brought with to the venue and presented by the participant.

PROSE

- No movements or gestures.
- Dialogue and storytelling parts must be present.
- Own choice

DRAMATIZED PROSE

- The written word is brought to life by motivated gestures and movements.
- Dialogue and storytelling parts must be present.
- May be characterized.

BIBLE PROSE

- An extract from any recognized translation of the Bible.
- No movement is allowed.

LIMERICK

- Limerick is a cartoon of only 5 lines.
- No movement is allowed.

- No props or costumes

STORYTELLING

- It is an unprepared interpretation of a given topic.
- During planning, ingenuity and imagination must be used to present the story realistically and with ease.
- The story must have an introduction, climax and conclusion.
- No movements or gestures.

STAND UP COMEDY

- 1-2 minutes
- Allowed: Props; movements; humor in overdrive (Come tickle our funny bones!)
- No: Hate Speech; racism; Religious slander

PRAYER

- No movements
- Sincere performance with compassion

PUBLIC SPEAKING

- Participants can choose own topics but must ensure that this is a relevant topic in which the speaker motivates his/her views very clearly.
- Introduction: Should be appropriate, striking and original.
- Language: Must be pure, creative and imaginative.
- Content: Logical exposition and reasoning of views supported by necessary source references, statistics, research, etc.
- Presentation: Need to be natural, vibrant and convincing. Speak with confidence. Use notes in such a way that it doesn't obstruct eye contact with audience.
- Language Use: Should be pure, innovative and creative.
- Conclusion: Appropriate, concise summary.
- Be mindful of the time limit for each grade.
- Be thoroughly prepared!

UNPREPARED PUBLIC SPEAKING

- Participants will be allowed 20 minutes to prepare for his/her unprepared speech.
- Theme and information will be provided.
- The purpose of the unprepared speech is to test the participant's ability to continue to deliver a meaningful, logical and well-reasoned speech in a limited time

CREATIVE WRITING (PREPARED & UNPREPARED)

- Prepared items are written at home or a piece written at school can also be submitted.
- Unprepared items are written at the venue on a given date.
- Paper will be provided but participants must bring their own pens and dictionaries.
- Topics are issued on the day. In other words, this is an unprepared item.

Participants can enter for the following items:

- 1) Prepared Essay
- 2) Unprepared Essay
- 3) Prepared Poem
- 4) Unprepared Poem
- 5) Prepared Limerick
- 6) Unprepared Limerick
- 7) Prepared Dialogue
- 8) Unprepared Dialogue
- 9) Prepared Mini play
- 10) Prepared Monologue
- 11) Unprepared Monologue

VOCALS AND INSTRUMENTAL (Genres)

A CAPELLA	ROCK
BALLAD	POP
BLUES	R & B
BROADWAY	TRADITIONAL
CLASSICAL	LIGHT MUSIC
MOVIES	MODERN
MUSICAL	OPERA
CONTEMPORARY	INSTRUMENTAL-PIANO
COUNTRY	INSTRUMENTAL-DRUMS
GOSPEL	INSTRUMENTAL-FLUTE
INSPIRATIONAL	INSTRUMENTAL-VIOLIN
JAZZ	INSTRUMENTAL-GUITAR
OPEN	

VOCALS & INSTRUMENTAL GENERAL RULES

- Time limit of 2 minutes at items may not be exceeded.
- Microphones will be available.
- USB to be given to the sound engineer at the start of the category. The USB must be properly marked with the participant's details
- It is the participant's responsibility to collect their USB at the end of section.

CHOIRS

- A particular work may not be presented in more than one section.
- Works of contrasting styles must be presented.
- Transposition is permissible.
- Use your own choice throughout but ensure the standard is appropriate for the age group.
- A copy of the choral works must be handed to the judge before the performance.
- Accompaniment by means of piano or any other musical instrument, as well as soundtracks, is permissible.

CHOIR PROGRAM (5 to 10 minutes)

- Composes of:

(1) Devotional Song

(2) Light Song

(3) Any song in another language

- One of the three songs must be sung acapella.
- Use at least two different languages.
- Choices are the following:
 - a) One-part song
 - b) Two-part song
 - c) Polyphonic song (3 voices or more)
 - d) African work
 - e) Classical contemporary
 - f) Light contemporary
 - g) Devotional song
 - h) Folk song

DANCE (Genre):

ACRO

Acro dance is a style of dance that combines classical dance technique with acrobatic elements. It is defined by its athletic character, its unique choreography, which blends dance and acrobatics, and its use of acrobatics in a dance context.

BALLET

An artistic dance form performed to music, using precise and highly formalized set of steps and gestures. Classical ballet is characterized by light, graceful movements, and the use of points shoes with fortified toes.

BHANGRA

A Bhangra dance is very high energy, where several dancers perform jumps, kicks, spins and various other energetic moves. Bhangra dances are frequently performed in circles, and the moves use a lot of shoulder and arm movements.

CHA CHA

The steps are compact and based partly on the rumba and mambo, with plenty of hip and pelvic movements. The basic forward movement is supplemented with various turns, dips, and slides. Although this is an oversimplification, think of the cha-cha as being a series of sliding steps, with weight constantly shifting from one foot to another as you rock back and forth between each step. Keep your legs flexible and supple, bending and straightening them as you shift your weight.

CHARACTER

Character dance is the stylized representation of a traditional folk or national dance and uses movements and music which have been adapted for the theatre. Character dance is integral to much of the classical ballet repertoire.

CHEERLEADING

Cheer dance is a high-energy and spirited dance class that combines elements of dance, cheerleading, and gymnastics. It focuses on sharp movements, jumps, stunts, and dynamic choreography.

CLASS/STUDIO/EXAM DANCE

This is a dance that you practice in class at your dance studio.

DISCO

Disco is an energetic dance characterized by strong movements and rapid impulses of the body. The technique is to dance high on the balls of the feet throughout the routine.

CONTEMPORARY

Contemporary dance focuses on the freedom of movement with no restrictions. This is an experimental dance form that comes from a classic style. A combination of techniques ranging from ballet and modern is often used. It explores dance of our time with futuristic elements that can include dynamic and strong movements, release, bent feet, angular lines and unusual movements of the body. It can also be combined with a strong storyline.

FREESTYLE

Freestyle is when you make spontaneous movements with your body. This means you don't follow choreography; just move. ... Freestyle is a skill that can be grown by diligence and practice.

HIP-HOP

Hip-Hop is a young and vibrant form of street dance that has developed with rap, pop and hip-hop music genres. This funky dance art allows all ages to experiment with combining the latest fashion, music, move and attitude. Some of the styles of Hip-Hop we use are Krumping, lock and pop and break-dance.

JAZZ DANCE

Jazz dance pairs animated expressions with sharp yet fluid motions. One of the most distinct characteristics of jazz dance is the use of isolation, a jazz technique in which dancers isolate one part of the body. While this one-part moves, the rest of the body remains still. Oftentimes, dancers isolate their head, shoulders, ribs, or hips. By bending their knees, jazz dancers also maintain a low centre of gravity to enhance different movements.

JIVE DANCE

Jive is a vibrant, lively dance characterized by its upbeat tempo, bouncy rhythm, and energetic footwork. It features a variety of kicks, flicks, and twist turns, often with a playful and theatrical flair.

LYRICAL DANCE

A routine where dancers interpret the lyrics or mood (intentional) of a song (with or without words) this form includes the use of footwork, balance and face and body emotion.

MODERN DANCE

Modern dance is a live and exciting dance form that uses different techniques such as stretching, contractions, turns, isolations, jumps and floor work. The dancer uses combinations set on different music rhythms to express themselves through movement.

SAMBA DANCE

The dance is characterized by rapid rhythmic steps and a swaying, rocking motion from the dancers made to lively beats. The dance is mostly done in 2/4 time, but it can also be done in three steps to make a 3/4 rhythm.

SHOW DANCE

in the broadest sense is based either on any Jazz/Lyrical, Ballet and/or Modern and Contemporary dance technique with emphasis on having *show value* to entertain the audience. Other dance disciplines can also be incorporated but cannot dominate. The dancer's personal interpretation should be clearly evident when using any of these disciplines or styles.

SLOW DANCE

Dance technique should be based and inspired by Disco dance style and presented in slow version, using poses, freezes, stops, spins, slides, leaps, jumps, pirouettes. Floor figures such as splits, back and bump spins are allowed but should be kept to a minimum.

SPANISH DANCE

Mostly performed as the Paso Doble it's a dramatic dance with sharp footwork and beautiful body shapes, boasting sudden pauses and sharp turns.

TANGO

Tango dance is one the most famous partner dances that emphasizes the vibrant and playful style of movement, rich expressions, improvisation and requires close connection and passion between dancers.

TAP

Tap dance is a form of dance that uses the sounds of tap shoes striking the floor as a form of percussion

TIK TOK DANCE (Online only)

TikTok dances are short, choreographed routines that are performed and shared on the social media platform TikTok. These dances can range from simple; easy-to-follow moves to more complex and challenging routines.

DANCE GENERAL RULES:

- Time limit of 2 minutes per item may not be exceeded.
- Sound will be available.
- Hand in your USB to the sound engineer at the start of the category.
- The USB must be properly marked with the participant's details as well as the item the participant will be dancing.
- It is the participant's responsibility to collect the USB after the performance.

ART (Genre)

PENCIL SKETCHES

ACRYLIC AND OIL PAINT

WATER PAINT

PASTELS

BEADWORK

COLLAGE

MULTI-MEDIA

SCRAPBOOKING (2 pages)

MOSAIC

SCULPTURE/3D WORK

CRAYON DRAWING

GRAFFITI

CLOTH PAINTING

SCHOOL ART

WOODWORK

PHOTOGRAPHY

CREATIVE PIECE

COLORING COMPETITION

CARD

CHARCOAL

POINTELISM

ART GENERAL RULES:

- There are no themes for the art section, participants are free to use their own initiative.
- Art can be drawn / painted in any size and in any medium.
- Art pieces do not need to be mounted.
- We suggest that artwork done on plain paper be pasted onto a sturdier cardboard or placed in a plastic sleeve to protect it (but this is not a requirement).

- Art is submitted at your own risk although we will do our best to take good care of it.
- Must be clearly marked on the FRONT OF THE ARTWORK with the following: Name, Surname, Grade, School, Medium used.